



**TAHOE WHITEWATER TOURS**  
(530) 587-5777  
[www.GoWhitewater.com](http://www.GoWhitewater.com)

## MIDDLE FORK AMERICAN RIVER: TRIP DETAILS

### 1-DAY RAFTING

#### BEFORE LEAVING HOME:

- \* Double check the meeting location, meet time, and driving directions. Give yourself ample time to arrive on time. It is **imperative** that guests arrive on time due to the long day, as well as timed water releases from dams upstream. We do not want you to miss the trip. *Please notify office if you believe you are running behind.*
- \* Ensure you are bringing all necessary items for rafting (check pack list below). As well leave non-essentials behind or in the car. *Tahoe Whitewater Tours is not responsible for lost or damaged items on the river.*
- \* Pump yourself up!!! Your about to go on one of California's most exciting whitewater sections!!!

#### WHERE WE MEET FOR RAFTING

##### Auburn Meeting Location:

Behind Raley's Supermarket: **13384 Lincoln Way Auburn, Ca, 9560**  
**@ 8:30am**



Meet our van in the back parking lot of Raley's. Arrive 15 minutes early if need to use restrooms or facility

## WHAT TO BRING (Pack List)

— **Covid-19:** Mask while riding in our vehicles to and from the river. Sun Buffs, are recommended. They work as a face shield as well protect from the sun while rafting.

— Swimsuit- Bathing suit, or quick drying shorts.

— Footwear that **won't** come off (strap on sandals, water shoes, booties, or tennis shoes) **NO FLIP FLOPS.**

— Sun Shirt- Cotton ok for mid summer. Long sleeve great for sun protection.

— Hat- (optional) Baseball hats work the best under our helmets.

— Sunglasses- Retention strap is a good idea to help prevent losing glasses.

— Sunscreen- Many hours will be out in the sun. Pack ample sunscreen & chap stick for multiple applications. (Please avoid aerosol spray sunscreen for sake of others in the group)

— **Covid-19:** Personal Water Bottle: (1 per person) Due to Covid-19, community water jugs will not be provided by guides in each raft. We recommend each guest brings a personal water bottle that is able to be securely attached to the boat with a carabiner. (no single use plastic please).

— Gratuities- If you feel your guide did a great job. In this industry, tips are an acceptable form of showing your appreciation for a job well done.



### Note for Summer Trips

- Prepare to be in the sun for up to 6 hrs.
- Bring ample sized water bottle with attachable point.
- Wear sun protective clothing, and drink plenty of water.
- There will be ample swimming opportunities to cool off on hot days.
- Keep this in mind while preparing.

### Note for Spring Trips

- Colder water and weather may exist during spring trips.
- Wetsuits, splash jackets, and light fleece will be provided as needed.
- Wearing cotton is **NOT** recommended and should be replaced with a fleece, polypro, or wool base layer instead.
- Wool or neoprene socks are a great addition also.

Please pack light when getting ready. You should only have yourself and essential items while on the raft. What gets packed into the rafts should only be essential for the trip. This helps keep the boats without clutter.

Wallets, cell phones, car keys, back packs, towels, change of clothes, and jewelry can all be locked in your car or be left in the shuttle van. Any item coming on the raft will get wet and possibly become lost or damaged.

Tahoe Whitewater Tours is not responsible for loss/ theft of personal items. This includes anything that comes on the raft such as go-pros, waterproof cameras, etc.

Please travel light and we will do our best to keep your items safe for the duration of the trip.

If you have any medical condition in which it is necessary to bring personal medical devices or medicine with you (i.e. EpiPen, Inhaler, medications) please let the office and trip leader know. We are happy to store those items in a dry location on the raft for the duration of the trip.

## DAY OF THE ADVENTURE

### WHAT WE PROVIDE:

- Transportation to and from the river.
- Delicious river side lunch.
- Professional Raft Guide per boat.
- Top of the line rafts, paddles, pfd's, and necessary equipment for the trip.
- Wetsuits, splash jackets, and fleece when weather permits for no extra charge.

### ON THE RIVER:

- Meet time in Auburn is 8:30am.
- From the Auburn meeting location behind Raleys. It is about a 45 minute drive to ox bow reservoir and our Put-in to the river.
- At put-in we gear ourselves up, have a formal safety talk and prepare ourselves for the day of rafting.
- We raft roughly 17 miles taking about 6hrs in total on the water. Lunch is had half way down.
- Most trips are back to Raleys in Auburn between 3:45pm and 4:30pm.

### Guides:

- We believe having great guides and employees is what makes the adventure so memorable. Our guides are passionate about what they do and look forward to sharing that passion with you.
- Our Middle Fork Guides are trained in CPR first aid, and swift water rescue techniques.
- Each Trip Leader is Swift Water Rescue Certified.
- They are happy to answer any questions as well as tell you stories and tales of the river as the trip progresses downstream.
- Feel comfortable and at ease with our guides on this Class IV+ adventure.



Tahoe Whitewater Tours



TahoeWhitewater

### Meals and Drinks

We love eating well, and providing nothing but the best!!!

Our lunch consists of:

- Fresh fruit and chips as an appetizer.
- A build your own sandwich bar with artisanal breads, fresh vegetables, deli meats, cheeses, and spreads to pick and chose from.
- Cookies and lemonade.
- If any dietary restrictions please let us know, we are happy to accommodate.
- We Take pride in having one of the best river lunches!



### Participant Responsibilities

- To Ensure an enjoyable and successful trip it is imperative that all guests follow the safety policies and procedures of Tahoe Whitewater Tours, along with abiding to state, local, and federal laws.
- Participants are required to sign a liability release/ assumption of risk form prior to our river trip. They can be printed out at home or signed at our meeting location.
- Your safety is our number 1 goal. Please listen to all instructions to help us meet that goal.

### Cancellation Policy

- Our Cancellation policy is the fairest in the industry.
- You can cancel, make changes, additions, subtractions up until 48hrs prior to the day of the trip with no penalty.
- Once within the 48hrs of your trip your reservation is firm and payment for the trip in full is required on the day of the tour.

# COVID-19 Protocols for 2020

Tahoe Whitewater Tours is committed to doing our part in the mitigation of COVID-19, as well as complying with local and state guidelines. Our reopening plan includes numerous modifications to how we will be conducting guiding operations for the foreseeable future.

We ask that all guests contribute to our efforts and respect our adjusted policies. Guests will be required to wear face coverings during the bus ride portion of our adventure. Additionally, in the days leading up to your adventure, we ask that you conduct honest self-health screenings. If you have any of the following symptoms, please call the Tahoe Whitewater Tours office prior to your trip date.

- 1 Cough
- 2 Fever
- 3 Shortness of breath/ difficulty breathing
- 4 New loss of taste or smell
- 5 Chills
- 6 Muscle pain
- 7 Sore throat

## CHECK-IN PROCESS

We are limiting our office check-in to one group at a time in our office. We will have signs and waiting areas outside for directions on how to check in. We ask after check in to wait outside either at your own vehicles or outside our office until the trip is ready to depart.

## INDIVIDUAL CONTROL MEASURES, SCREENING & HYGIENE

- We ask that all guests fill out the [Covid-19 Wellness Questionnaire](#) and have it signed the day of your tour. This health screening will be required for all clients prior to starting their rafting tour. These health screenings will check for COVID-19 symptoms as well as exposure history. If a client doesn't pass the screening, the Individual will not be able to attend, as well will not be charged for their portion of the tour.

- We recommend using a Sun Buff face covering if possible. Face coverings will be required for the bus ride yet also provides great sun protection for the rafting portion of the trip.



## RAMPING UP CLEANING AND DISINFECTING PROTOCOLS

At the close of each day, our team will be washing and disinfecting all used river equipment including PFD's, Helmets, Paddles, Splash tops, and Rafts. All equipment washing will be done with manufacturer's guidelines. Hand sanitizers will be readily available in the office, as well as vehicles.

## ADHERING TO PHYSICAL DISTANCING GUIDELINES

- We will be doing our best to practice strict physical distancing measures and ask the same of you and your group.

- We ask our guests to provide and wear face coverings for the bus ride duration of the tour.

- We have limited the size of our trips to allow for social distancing on our bus.

- Guest, guides, and office staff are asked to maintain a 6-foot distance at all times. Members of a private/family/ close-contact group are not required to maintain 6-foot distance among themselves if they wish.

- All clients, guides, and office staff must be prepared to wear face masks as directed. If clients do not have their own mask, Tahoe Whitewater Tours will provide them at no cost.

- In the rafts we plan to only put the same group into their own boat with a guide. We will strive to keep separate groups separate. Groups of 2 may share a raft with other groups of 2 with empty seats separating in the middle. We will adjust our guidelines as necessary to do so.

## WE'RE EXCITED AND HOPE YOU ARE TOO!

We are so thrilled to get back on the river with you. We're confident that the measures we are taking will protect our staff and guests alike and will not significantly take away from the experience that we all get from exploring in the rivers. If you have any questions about our precautions, please feel free to contact us. **(530) 587-5777**

## Covid19 Wellness Questionnaire

Name(s) of those attending: \_\_\_\_\_

Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

Physical Address: \_\_\_\_\_

Have you or anyone in your family unit experienced any of the following symptoms:

- Cough  yes  no
  
- Fever of 100.4F or higher  yes  no
  
- Chills  yes  no
  
- Muscle Pain/Headache  yes  no
  
- Shortness of Breath  yes  no
  
- Sore Throat  yes  no
  
- Loss of taste or smell  yes  no

Additional Questions:

Have you or anyone in your family unit returned from domestic or international travel in the last 14 days?

yes  no

Have you or anyone in your family unit had exposure to someone with, or under investigation for, COVID19?

yes  no

Signature: \_\_\_\_\_

Date & Time: \_\_\_\_\_

Temperature of those attending:

Name/Temperature \_\_\_\_\_

Name/Temperature \_\_\_\_\_

Name/Temperature \_\_\_\_\_

Name/Temperature \_\_\_\_\_



Date of Tour: \_\_\_\_\_ River/Tour: \_\_\_\_\_ Group Name: \_\_\_\_\_

**RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT**

This is a release. Read it carefully before signing. This release essentially states that I know I am going on a whitewater rafting trip in a wilderness/outdoor environment. As a result of the inherent risks in this activity, I know I may die, get hurt, or damage my belongings. If any of these occur, I understand that I cannot make a claim, sue, or expect Tahoe Whitewater Tours, its owners, officers, agents, employees, other participants and associates including the State of California, its Dept. of Parks & Recreation, the US Bureau of Reclamation, Pacific Gas and Electric Company, Placer County Water Agency and the Sacramento Municipal Utility District (hereinafter referred to collectively as **Tahoe Whitewater Tours**) to be legally responsible or pay for any damages.

**ACKNOWLEDGMENT AND ACCEPTANCE OF RISKS:** I, the undersigned, hereby acknowledge that I have voluntarily chosen to go on this whitewater rafting trip with Tahoe Whitewater Tours. Certain risks are inherent in any recreational activity and cannot be eliminated, altered, or controlled, and these risks that contribute to the unique character of the activity can also be the cause of injury illness, death, and damages. I know and fully understand that a whitewater rafting trip, whether on a raft, oar boat, kayak, or any other type of vessel, is an outdoor adventure activity in wilderness environment with inherent risks and hazards where serious accidents can occur, participants can die, sustain injuries and property damage. Also, I understand that **Class IV and V** represent the most difficult and dangerous levels of whitewater and recognize that the risks associated with whitewater rafting are greatly increased.

I acknowledge and willingly assume all risks and hazards in whitewater rafting and river-related camping from the pre-embarkation rendezvous until the conclusion of the trip, including, but not limited to, (1) loss of control of the raft, falls in, out, or about the raft, collision with other participants, equipment, other rafts, rocks, trees, and any portion of the interior of the raft, and any other manmade or natural obstacles, whether obvious or not; (2) judgment, decision-making and conduct of the guides; (3) submersion in water, drowning; (4) encounters with animals, wildlife and insects; (5) exposure to wilderness environment, extreme temperatures, and inclement weather, remote areas, wilderness terrain, including, travel by foot or vehicle in any way related to this activity, whether at camp or elsewhere; (6) assistance in lifting and/or carrying rafting equipment; (7) rescue- related injuries; and (8) unavailability of immediate and appropriate medical attention in case of injury.

I further understand and acknowledge that **Tahoe Whitewater Tours** provides foot cups in some of its boats to assist participants in stabilizing themselves. The use of foot cups may present an increased risk of knee, ankle, or other injuries because of their restrictive nature. Use of foot cups is totally voluntary. I also understand and acknowledge that the above list is not complete or exhaustive, and that other risks, known or unknown, anticipated or unanticipated, may also exist and result in injury, illness, disease, death or damage. My participation in this activity is purely voluntary and I elect to do so at my own risk.

**RELEASE:** In consideration for **Tahoe Whitewater Tours** allowing me to participate on this trip, I voluntarily agree to release, discharge, and hold harmless **Tahoe Whitewater Tours** for any and all claims of liability arising out of their negligence, fault, recklessness, or any other act or omission which causes the undersigned illness, injury, disease, death, and damages of any nature in any way connected with my participation in this rafting activity. I also expressly agree to release and discharge **Tahoe Whitewater Tours** from any act or omission of negligence in rendering or failing to render any type of rescue, emergency or medical services. **In signing this document, I fully recognize and understand that if I (or any minor on whose behalf I am signing this release) am hurt, die, or my property is damaged, I am giving up my right to make a claim or file a lawsuit against Tahoe Whitewater Tours, even if they negligently or by some other act or omission cause the injury or damage.**

I further agree, to hold harmless, defend, and indemnify **Tahoe Whitewater Tours** from all defense costs, including attorney's fees incurred in connection with claims for bodily injury, wrongful death, or property damage, sustained by any minor on whose behalf I am signing under 18 years of age, or which I may have caused to spectators or other third parties, whether negligent or not, in the course of my participation in this activity.

As parent or legal guardian of a participant under 18 years of age, I have read and voluntarily agree that said minor may participate in this whitewater rafting trip, and I sign this release on their behalf and on the behalf of the minor's parents and/or legal guardians. In addition, I give **Tahoe Whitewater Tours** permission to treat said minor in case of illness, injury, emergency or accident. Should emergency medical services become necessary, for the undersigned participant or minor, the expenses are sole responsibility of the participant and not that of **Tahoe Whitewater Tours**. **Personal medical and travel insurance is strongly advised for all participants.**

**Tahoe Whitewater Tours** reserves the right to accept or deny service to any person. I hereby agree to follow all rules, regulations, and instructions of **Tahoe Whitewater Tours** while on this trip. I also certify that I and any minor whose behalf I am signing are physically and mentally capable of participation in these activities. I hereby represent that I have informed **Tahoe Whitewater Tours** of any pertinent medical conditions that may affect my or the minor's participation in these rafting activities. I hereby agree that **Tahoe Whitewater Tours** may use film or photographic records of this rafting trip for its promotional and/or commercial purposes. The venue of any dispute that may arise out of this agreement or otherwise between the parties to which **Tahoe Whitewater Tours** or its agents is a party shall be either the City of Grass Valley, California Justice Court or the County or State Supreme Court in Nevada County.

**I HAVE READ THIS DOCUMENT IN ITS ENTIRETY. I UNDERSTAND THAT I AM ASSUMING ALL THE RISKS INHERENT IN THIS WHITEWATER RAFTING ACTIVITY. I UNDERSTAND THAT IT IS A RELEASE OF ANY AND ALL CLAIMS. I UNDERSTAND THAT THIS IS THE ENTIRE AGREEMENT BETWEEN THE UNDERSIGNED AND TAHOE WHITEWATER TOURS, THEIR OWNERS, OFFICERS, AGENTS, AND EMPLOYEES, AND THAT IT CANNOT BE MODIFIED OR CHANGED IN ANY WAY BY THE REPRESENTATIONS OR STATEMENTS BY TAHOE WHITEWATER TOURS OR BY THE UNDERSIGNED. I VOLUNTARILY SIGN MY NAME AS EVIDENCE OF MY ACCEPTANCE OF ALL THE PROVISIONS IN THIS RELEASE AND MY AGREEMENT TO BE BOUND BY THEM.**

Name: \_\_\_\_\_ Date(s) of Trip: \_\_\_\_\_ Telephone: ( \_\_\_\_\_ ) \_\_\_\_\_  
Please Print Clearly

Signature: \_\_\_\_\_ Youth Age: \_\_\_\_\_ Email: \_\_\_\_\_  
(Signature of Legal Guardian if Participant is under 18 Years of Age)

Address: \_\_\_\_\_ City, State: \_\_\_\_\_ Zip \_\_\_\_\_